



TICK BITE FIRST AID

IF YOU FIND AN ATTACHED TICK...

1. Do NOT DELAY removing the tick.
2. Use a tick remover tool if possible. If not, use long fingernails.
3. Lift straight upwards, pulling firmly and steadily. Do not squeeze the tick's body.
4. Disinfect the bite area and wash your hands with soap.
5. If you don't manage to get the feeding parts out, the bite could go septic but this is not Lyme disease.



LOOK OUT FOR THESE SYMPTOMS FROM 3 DAYS TO 3 MONTHS AFTER THE BITE. PEOPLE USUALLY GET SEVERAL SYMPTOMS BUT NOT ALL OF THEM.

